To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



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State Surgeon General

Vision: To be the Healthiest State in the Nation

Testing Guidance for COVID-19 January 6, 2022

The following guidance and recommendations are issued to maximize the benefits of COVID-19 testing in Florida.

Overview

Many individuals with COVID-19 may have no symptoms or a mild illness. If you get symptoms, you should avoid contact with others. A positive COVID-19 test result will not change this recommendation.

There are <u>certain groups who are at an increased risk</u> for severe illness from COVID-19. Severe illness means that an individual diagnosed with COVID-19 may need hospitalization, intensive care, or that they may even die. Groups at increased risk for severe illness from COVID-19 include:

- Older adults, especially those age 65 and older.
- Individuals with <u>certain medical conditions</u>, including cancer, diabetes, chronic lung diseases, heart conditions, and a weakened immune system (immunocompromised).
- Pregnant or recently pregnant individuals.

Individuals with Symptoms and Risk Factors

- Individuals with symptoms of COVID-19 and who are at an increased risk for severe illness from COVID-19:
 - Should get tested for COVID-19 soon after symptom onset.
 - Should seek early monoclonal antibody or antiviral drug treatment and seek other medical treatment as necessary.

Individuals with Symptoms and No Risk Factors

- Individuals with symptoms and who are not at an increased risk for severe illness from COVID-19:
 - o Consider getting tested for COVID-19 soon after symptom onset.
 - Seek medical treatment only as necessary.

Individuals with No Symptoms

- Individuals who may have been exposed to COVID-19, but have no symptoms:
 - COVID-19 testing is unlikely to have any clinical benefits.

